

**MANUAL HANDLING FOR
COLLEGE STAFF**

<i>Course Code(s)</i>	<i>Course Date(s)</i>
MH	21 st May 2013 (am)

<i>Main Aim and Key Benefits:</i>	This programme is designed for all the employees who are required to carry out activities that require an element of manual handling.
<i>Course Content</i>	<ul style="list-style-type: none"> • The process of Manual Handling in the workplace • Manual Handling injuries and the typical causes • Manual Handling assessment and control options • Responsibilities imposed by the Manual Handling Operations Regulations <p>NB: Participants will be expected to bring with them a list of all Manual Handling activities required within their area of operation</p>
<i>Training Methods:</i>	<ul style="list-style-type: none"> • Presentations • Demonstration • Practise • Group discussion
<i>Who will benefit from attending:</i>	Anyone whose job includes a significant amount of lifting, carrying, pulling/pushing
<i>Duration:</i>	½ day
<i>Certification:</i>	By OBT and Progressive Training Ltd
<i>Fee (excl VAT):</i>	£110.00
<i>Training Provider:</i>	Progressive Training Ltd